# DUST-ENSHROUDED ASYMPTOTIC GIANT BRANCH STARS IN THE SOLAR NEIGHBORHOOD 

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#### Abstract

Using available infrared catalogs, we take an inventory of the AGB stars losing large amounts of mass $\left(>2 \times 10^{-6} M_{\odot} \mathrm{yr}^{-1}\right)$ within $\sim 1 \mathrm{kpc}$ of the Sun. We estimate a surface density of these stars of $\sim 25 \mathrm{kpc}^{-2}$ projected onto the plane of the Galaxy. Of these stars, about one-half are oxygen-rich while the other half are carbon-rich. The total mass-loss rate from AGB stars into the interstellar medium is probably between 3 and $6 \times 10^{-4}$ $M_{\odot} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$. Within the uncertainties, this is in reasonable agreement with an estimated net loss rate of $\sim 8 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$ for main-sequence stars with initial masses between 1 and $5 M_{\odot}$ as they evolve to white dwarfs. However, it is possible that there are important sources of mass loss that we have not yet identified.

In the solar neighborhood, about one-half of all $\sim 1.2 M_{\odot}$ main-sequence stars spend $>3 \times 10^{4} \mathrm{yr}$ in a carbon-star phase where they lose $1-2 \times 10^{-5} M_{\odot} \mathrm{yr}^{-1}$ and then become white dwarfs with $\sim 0.7 M_{\odot}$. Subject headings: stars: circumstellar shells - stars: evolution - stars: horizontal branch - stars: mass loss - stars: white dwarfs


## I. INTRODUCTION

In the standard model, luminous (typically $10^{4} L_{\odot}$ ) stars on the asymptotic giant branch evolve from intermediate-mass stars (initially $1 M_{\odot}<M_{\text {star }}<5-8 M_{\odot}$ on the main sequence; Iben and Renzini 1983) that are undergoing extensive mass loss, and they are in the final stages of stellar evolution before becoming a planetary nebula and then a white dwarf (see Zuckerman 1980; Olofsson 1985). According to this scenario, during the AGB, a star may lose more than half of its initial mass, and this mass loss is important both for replenishing the interstellar medium and in the evolution of the star. The goal of this paper is to develop a more quantitative understanding of the mass loss from the local AGB stars, to determine how well the standard model reproduces the data.

With improvements in millimeter and infrared technology, considerable progress has been made in understanding the mass-loss process from red giants during the past 20 yr. The mass-losing stars display outflows that have been extensively studied both by their molecular emission from species such as CO (Morris 1985), and by their infrared emission associated with dust produced in the outflows (Jura 1986). These data indicate that AGB stars lose between $10^{-8}$ and $10^{-4} M_{\odot} \mathrm{yr}^{-1}$. The total of all the mass loss from these stars is dominated by the relatively few objects with high mass-loss rates rather than the more plentiful objects with low mass loss rates (Knapp and Morris 1985; Claussen et al. 1987). Therefore, it is important to make a quantitative study of the objects losing large amounts of mass.

Because AGB stars are intrinsically cool and because they have large amounts of circumstellar dust, they are primarily infrared sources; they are not very prominent, for example, in the Yale Bright Star Catalogue (Hoffleit and Jaschek 1982). Therefore, it is possible to use the Two Micron Sky Survey
(TMSS) (Neugebauer and Leighton 1969) and the IRAS data base to identify and study the local AGB stars. Using the Two Micron Sky Survey, the carbon-rich, S-type and oxygen-rich AGB stars have been listed and their spatial properties discussed by Claussen et al. (1987), Jura (1988), and Kleinmann, Jura and Joyce (1989), respectively. However, since these studies were directed toward stars found in the Two Micron Sky Survey, it did not lead to a comprehensive picture of the stars which are losing a large amount of mass, such as RAFGL 3068 and RAFGL 5379, where most of the flux emerges at longer infrared wavelengths. Because such stars dominate the total return of mass to the interstellar medium, it is important to develop a comprehensive survey of such stars.
As discussed by Claussen et al. (1987) and Kleinmann, Jura, and Joyce (1989), the Two Micron Sky Survey is complete for stars with $L=10^{4} L_{\odot}$ that mainly emit in the near-infrared to approximately 1 kpc in the northern hemisphere $\left(82^{\circ}>\delta>-33^{\circ}\right)$. In this paper, we aim to make a complete sample of all the mass-losing stars in this volume. This is a useful region to consider because (1) it is large enough that we have an adequate number of stars to study, but (2) small enough that gradients in the galactic distribution of AGB stars (see, for example, Jura, Joyce, and Kleinmann 1989) are not too large, and (3) because good kinematic information is available for stars within this volume using catalogs of $\mathrm{OH} / \mathrm{IR}$ stars by Engels (1979) and Hekkert et al. (1989) and carbon stars by Zuckerman and Dyck (1988) and Lucas, Guilloteau, and Omont (1988). While previous studies of selected subsamples of the AGB stars in the IRAS data base such as carbon stars (Thronson et al. 1987) and OH/IR stars (van der Veen and Habing 1988), this paper is the first survey to use the bolometric fluxes rather than only the IRAS colors of the AGB stars and therefore aims to establish a more unbiased survey.

Since IRAS surveyed more than $95 \%$ of the sky and because we have identified three out of 63 sources not in the IRAS catalog that otherwise meet our selection criteria (see Table 1), our sample is probably reasonably complete.

## II. THE SAMPLE OF VERY DUSTY STARS

Our first goal is to identify mass-losing stars. The mass-loss rate from these objects can be measured by their flux at $60 \mu \mathrm{~m}$ (Jura 1986, 1987), and therefore, we consider objects with large fluxes at this wavelength. According to Jura (1987), we may write for the mass loss rate from both carbon-rich and oxygenrich stars, $d M / d t$, that
$d M / d t=1.7 \times 10^{-7} v_{15} r_{\mathrm{kpc}}{ }^{2} L_{4}{ }^{-1 / 2} F_{v}(60) \lambda_{10}{ }^{1 / 2} M_{\odot} \mathrm{yr}^{-1}$.
In equation (1), $v_{15}$ is the outflow velocity in units of 15 km $\mathrm{s}^{-1}, r_{\mathrm{kpc}}$ is the distance to the star in units of $\mathrm{kpc}, L_{4}$ is the luminosity of the star in units of $10^{4} L_{\odot}, F_{v}(60)$ is the flux at 60 $\mu \mathrm{m}$ in units of Jy , and $\lambda_{10}$ is the average wavelength of the light emitted from the star and circumstellar shell together, in units of $10 \mu \mathrm{~m}$. If we are interested in those stars with unusually high mass-loss rates, say those with rates at least 10 times greater than the typical value of $2 \times 10^{-7} M_{\odot} \mathrm{yr}^{-1}$ found by Claussen et al. (1987) for most carbon stars which are within 1 kpc of the Sun, then we require:

$$
\begin{equation*}
F_{v}(60)>10 \mathrm{Jy} \tag{2}
\end{equation*}
$$

We therefore use equation (2) as one criterion for our selection of objects. We also include stars near the galactic plane which are subject to confusion at the longer wavelengths in the IRAS survey and for which only upper bounds to the $60 \mu \mathrm{~m}$ flux are measured if they meet the other criteria discussed below (for example, -20454).

The frequency distribution of infrared emission from a circumstellar shell is very sensitive to the spatial distribution of the dust grains around the star (see, for example, Sopka et al. 1985). In most mass-losing carbon stars, $d M / d t$ and $v$ apparently do not change dramatically with time and therefore we expect the density to vary approximately as $r^{-2}$. In this case, we expect that either or both

$$
\begin{equation*}
F_{v}(12)>F_{v}(60) \tag{3a}
\end{equation*}
$$

and/or

$$
\begin{equation*}
F_{v}(25)>F_{v}(60) \tag{3b}
\end{equation*}
$$

We use equations (3a) and (3b) as a second selection criteria for our objects. There are a few rapidly evolving post-AGB stars where criteria (3a) or (3b) are not satisfied (Likkel et al. 1987), but none of them are known to lie within 1 kpc of the Sun and satisfy equation (2).

Because we are interested only in objects which lie in the same spatial zone as the Two Micron Sky Survey, we consider only objects such that:

$$
\begin{equation*}
82^{\circ}>\delta(1950.0)>-33^{\circ} \tag{4}
\end{equation*}
$$

According to Iben and Renzini (1983), most carbon stars have a luminosity near $10^{4} L_{\odot}$. If we are to consider a volume within 1 kpc of the Sun, we therefore require that

$$
\begin{equation*}
F=\int F_{v} d v>3.2 \times 10^{-7} \mathrm{ergs} \mathrm{~cm}^{-2} \mathrm{~s}^{-1} \tag{5}
\end{equation*}
$$

To measure the total flux from a star we must supplement the IRAS data with ground-based observations. Extensive obser-
vations have been obtained by many different observers, and are cataloged by Gezari, Schmidt, and Mead (1987); we use the data in their catalog to determine the total flux from a star.

To allow for source variability, photometric inaccuracy, and interstellar extinction at $K$ (perhaps $0.15 \mathrm{mag} \mathrm{kpc}^{-1}$; Jura, Joyce, and Kleinmann 1989) our criterion on the total flux was relaxed to $F>2.5 \times 10^{-7} \mathrm{ergs} \mathrm{cm}^{-2} \mathrm{~s}^{-1}$. We assume $K=0.0$ mag corresponds to 620 Jy (Beckwith et al. 1976).

Our estimated averaged fluxes are listed in Table 1; the IRAS data are not color-corrected nor have we made any corrections for interstellar reddening. If a star is variable either in the TMSS or at $>90 \%$ probability level in the IRAS data, it is denoted as $v$ in Table 1. Most of the stars with high mass loss rates are known variables: $80 \%$ of the 49 stars in Table 1 that were detected in the TMSS were found to be variable in the survey.

Finally, because we are interested in stars that are losing large amounts of mass, we require that there is substantial emission by the circumstellar shell relative to the amount of emission by the stellar photosphere. Since these stars are generally quite cool, they emit much of their total energy near $2 \mu \mathrm{~m}$. Therefore, we require

$$
\begin{equation*}
F_{v}(12 \mu \mathrm{~m})>F_{v}(2 \mu \mathrm{~m}) . \tag{6}
\end{equation*}
$$

By using equation (6), we eliminate from consideration those stars with large bolometric fluxes that happen to be close to Earth but are not losing a very large amount of mass such as R Leo or W Hya. That is, we effectively require a high luminosity at $60 \mu \mathrm{~m}$; not merely a high flux.

In Table 1, we list all the stars in the sky found from the TMSS, the AFGL survey (Kleinmann, Gillett, and Joyce 1981) or the IRAS Point Source Catalog that satisfy the criteria given in equations (2)-(6).

There are a few stars which satisfy criteria (2)-(6), but are thought to be supergiants and descended from stars with initial main sequence masses $>10 M_{\odot}$ rather than AGB stars. The stars that we have excluded from Table 1 are VY CMa, S Per, PZ Cas, AH Sco, +10420 and NML Cyg (see Engels 1979; Morris and Jura 1983) and additionally IO Per, KW Sgr, UY Sct and KY Cyg (Kleinmann et al. 1989).

There are some unusual stars listed in Table 1. The optical counterpart to - 30099 is 3 Pup, an A supergiant (Kleinmann et al. 1989). It could well be a star, similar to F supergiants such as 89 Her , which are thought to be undergoing the transition from being a red AGB star to being the central star of a planetary nebula (Parthasarathy and Pottasch 1986). RAFGL 5379 is a very strong infrared source and apparently has a very high mass-loss rate, yet it has not been extensively studied. We estimate a distance to the well-studied star +10216 of only 130 pc , consistent with the value given by Zuckerman and Dyck (1986b), but considerably smaller than the previously assumed value of 200 pc or even 290 pc .

## III. PHYSICAL PROPERTIES OF THE AGB STARS

In order to determine the physical properties of these stars, it is necessary to infer their distances. As a first approximation, we assume that all the stars have a luminosity of $10^{4} L_{\odot}$. From the measured total flux, $F$, we can then determine a distance, $D$, and we write:

$$
\begin{equation*}
D=[L /(4 \pi F)]^{1 / 2} . \tag{7}
\end{equation*}
$$

The assumption that $L=10^{4} L_{\odot}$ for all the very dusty AGB stars is very uncertain. Zuckerman and Dyck (1989) have

TABLE 1
Very Dusty AGB Stars

| IRAS Star | TMSS | RAFGL | $\begin{gathered} F_{v}(2) \\ (\mathrm{Jy}) \end{gathered}$ | $\begin{gathered} F_{v}(12) \\ (\mathrm{Jy}) \end{gathered}$ | $\begin{gathered} F_{v}(25) \\ (\mathrm{Jy}) \end{gathered}$ | $\begin{gathered} F_{v}(60) \\ (\mathrm{Jy}) \end{gathered}$ | $\begin{gathered} F \\ \left(10^{-7} \mathrm{ergs}\right. \\ \left.\mathrm{cm}^{-2} \mathrm{~s}^{-1}\right) \end{gathered}$ | Name |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $00042+4248$ | $+40004$ | 14 | 61 | 480 | 320 | 58 | 2.9 | KU And |
| $01037+1219$. | $+10011$ | 157 | 140v | 1200 | 970 | 220 | 8.0 | WX Psc |
| $01159+7220$ | +70024 | 194 | 150v | 340 | 200 | 27 | 3.5 | S Cas |
| 02270-2619. | -30021 | 337 | 190 | 250 | 75 | 16 | 4.8 | R For |
| $02316+6455$. | +60092 | 349 | 53v | 480 | 310 | 46 | 3.3 | ... |
| 02351-2711. | -30023 | 357 | 220v | 420 | 260 | 34 | 4.1 | $\ldots$ |
| $03229+4721$. | +50096 | 489 | 83v | 540v | 200 | 40 | 5.8 |  |
| $03507+1115$. | $+10050$ | 529 | 1900 | 4600 | 2400 | 330 | 43 | NML Tau |
| $04307+6210$. | +60144 | 595 | 95 | 250v | 92 | 17 | 3.4 |  |
| 04566+5606....... | $+60150$ | 664 | 580v | 1600v | 630 | 130 | 25 | TX Cam |
| $05073+5248$. | $+50137$ | 700 | 51v | 230 v | 270 | 72 | 2.8 | NV Aur |
| $05411+6957 \ldots \ldots .$. | +70066 | 811 | 150 | 800 v | 410 | 52 | 6.7 |  |
| 05559 + 7430 $\ldots \ldots . .$. | +70067 | 849 | 160v | 200v | 110 | 17 | 3.4: | V Cam |
| 06176-1036........ | ... | 915 | 27 | 420 | 460 | 170 | 2.6 | Red Rectangle |
| $06300+6058$ | +60169 | 956 | 180v | 300 v | 210 | 45 | 5.2 |  |
| $06500+0829$ | +10143 | 1028 | 280v | 600 v | 360 | 110 | 8.0: | GX Mon |
| 07418-2850........ | -30099 | 1181 | 66 | 260 | 150 | 25 | 2.5 | 3 Pup |
| 08088-3243. | ... | 1235 | 17 | 350 | 160 | 31 | 3: | ... |
| 09116-2439.. | $\ldots$ | 5254 | <39 | 740 | 400 | 83 | 3: |  |
| 09429-2148 | -20197 | 5259 | 160 | 600 | 500 | 71 | 3.8 | IW Hya |
| $09452+1330$. | +10216 | 1381 | 190v | 48000 v | 23000 | 5700 | 190 |  |
| $10131+3049 \ldots \ldots \ldots$ | +30219 | 1403 | 210v | 3300 | 1200 | 270 | 20 | CIT 6 |
|  | -10236 | 1406 | 56 |  |  | ... | 4.3 |  |
| 10491-2059......... | -20218 | 1439 | 900 v | 1100 | 460 | 98 | 24 | $V$ Hya |
| $12447+0425$. | +00224 | 1579 | 69v | 230 | 69 | 13 | 3.5 | RU Vir |
| 17049-2440. |  | 1922 | 8 | 790 v | 500 | 120 | 3.5 |  |
| $17119+0859$. | +10322 | 1940 | 200v | 460v | 320 | 41 | 5.8 | V2108 Oph |
| $17297+1747$. | +20326 | 1977 | 55v | 560 v | 410 | 73 | 4.3 |  |
| 17360-3012. | ... | 1992 | 43 | 220 v | 320 | 73 | 2.5 | OH $358.2+0.5$ |
| 17411-3154 |  | 5379 | <39 | 1300v | 2700 | 1400 | $5:$ |  |
| 17513-2313. | -20397 | 2024 | 200 | 210 | 150 | 27 | 5.3 | V774 Sgr |
| 18009-2019. | -20424 | 2054 | 270v | 420v | 290 | 46 | 5.8 |  |
| 18040-0941. | -10396 | 2067 | 66v | 210v | 85 | 20 | 2.5 | FX Ser |
| 18135-1641. | -20454 | 2103 | 280 | 350 | 230 | $<170$ | 5.3 | ... |
| 18194-2708. |  | 2135 | 13 | 680v | 260 | 70 | 3.2 |  |
| 18204-1344. | -10414 | 2139 | 300 | 500 | 320 | 73 | 6.3 | $\ldots$ |
| $18240+2326$. | ... | 2155 | 3 | 730 | 450 | 88 | 3.0 | $\ldots$ |
| $18333+0533$ | $\ldots$ | 2199 | 47 | 300 v | 320 | 76 | 2.6 |  |
| 18348-0526 |  | 2205 | 2 | 360 v | 630 | 460 | 2.6 | OH $26.5+0.6$ |
| $18349+1023$ | +10365 | 2206 | 310v | 720v | 320 | 66 | 7.9 | V1111 0ph |
| $18397+1738$. | +20370 | 2232 | 110v | 530 v | 240 | 60 | 5.7 | $\ldots$ |
| 18398-0220. | +00365 | 2233 | 53v | 560 v | 240 | 52 | 3.5 | $\ldots$ |
| $18413+1354$. | +10374 | 2241 | 75v | 230v | 150 | 21 | 2.6 |  |
| 18560-2954. | -30398 | 2289 | 110 v | 640v | 330 | 63 | 4.4 | V3953 Sgr |
| $19008+0726$. | +10401 | 2310 | 43v | 450 | 180 | 37 | 4.4 | ... |
| 19059-2219. | -20540 | 2330 | 80 v | 290v | 210 | 34 | 2.6 | V3880 Sgr |
| 19093-3256. | -30404 | 5556 | 210v | 320 v | 210 | 33 | 4: | V342 Sgr |
| 19126-0708. | -10497 | 2349 | 290v | 1600v | 670 | 110 | 13 | W Aql |
| 19175-0807. | -10502 | 2368 | 99 v | 380 v | 190 | 48 | 40 |  |
| $19321+2757$. | +30374 | 2417 | 43v | 330 v | 170 | 39 | 3.8 | V1129 Cyg |
| 20077-0625......... | -10529 | 2514 | 54v | 1300 | 1100 | 220 | 8.2 | V1300 Aql |
| 20396+4757. | +50338 | 2632 | 290v | 660 | 230 | 49 | 12 | V Cyg |
| 20440-0105. | +00490 | 2646 | 140v | 210v | 120 | 17 | 3.4 |  |
| $20570+2714$. | ... | 2686 | 36 | 280v | 150 | 31 | 2.5 |  |
| . | ... | 2688 | $\ldots$ | $\cdots$ | ... | $\cdots$ | ... | Egg Nebula |
| 21032-0024. | +00499 | 2702 | 160v | 310 v | 120 | 22 | 4: | RV Aqr |
| NGC 7027........... | ... | 2713 | ... | $\ldots$ | ... | ... | $\ldots$ |  |
| $21286+1055$. | +10498 | 2775 | 150v | 160 | 110 | 18 | 2.8 | UU Peg |
| $21320+3850 \ldots \ldots \ldots$ | +40485 | 2781 | 95v | 260 | 94 | 20 | 5.8 | V1426 Cyg |
| $21456+6422$. | +60328 | 2808 | 130 v | 180 | 110 | 17 | 3.8 | RT Cep |
| $23166+1655$. |  | 3068 | 0.4 | 710 | 780 | 250 | 3.2 | $\ldots$ |
| $23320+4316 \ldots \ldots \ldots$ | +40540 | 3116 | 63v | 960 | 470 | 110 | 5.9 | $\ldots$ |
| $23496+6131 \ldots \ldots \ldots$ | +60427 | 3165 | 170v | 370 | 250 | 45 | 4.2 | $\ldots$ |

shown that stars with higher outflow velocities lie closer to the galactic plane than do stars with lower outflow velocities. It is quite plausible that for the carbon stars, as with the oxygenrich stars (Jones, Hyland, and Gatley 1983; Jura 1984), there is a correlation between outflow velocity and luminosity. On the basis of galactic rotation, Nguyen-Q-Rieu et al. (1987) also argue that some carbon stars have luminosities appreciably greater than $10^{4} L_{\odot}$. However, it is straightforward to show that (1) as long as the stars are distributed in a flattened disk and (2) our survey penetrates considerably further than the thickness of the disk, then the mass loss rates per unit area projected onto the galactic disk are independent of the assumed luminosity of the mass-losing stars (Knapp and Morris 1985).

In Table 2, we list all the stars in Table 1 with their inferred or measured total flux, the inferred distance, their galactic latitude and longitude, $[\mathrm{C}] /[\mathrm{O}]$ type, their distance from the galactic plane, their measured outflow velocity when available from molecular observations, and, from equation (1), their inferred mass-loss rate. Relevant references to the data employed for each star are also listed. With these data in Table 2 , it is possible to estimate the density distribution and mass loss rates from this sample of stars.

There are 63 stars listed in Table 2; 29 are carbon-rich, 32 are oxygen-rich, and 2 are $S$ type. The fraction of carbon stars is about 0.5 , a much higher percentage of carbon-rich objects than are found in the Two Micron Sky Survey (Claussen et al. 1987; Kleinmann et al. 1989).

Let $\rho$ denote the density of stars in the plane of the Milky Way. We assume a distribution locally such that

$$
\begin{equation*}
\rho=\rho_{0} \exp (-|z| / H) \tag{8}
\end{equation*}
$$

where $H$ is the exponential scale height perpendicular to the galactic plane. In Figure 1, we show a comparison between the inferred distribution of $|z|$ taken from Table 2 with the model
given in equation (8) for $H=100,200$, and 300 pc . The best agreement between the data and the calculations is for the model with $H=200$ pc. Claussen et al. (1987) and Jura (1988) also derive exponential scale heights of carbon stars and S stars of 200 pc . The inferred exponential scale height of $\sim 200 \mathrm{pc}$ implies that the typical progenitor main sequence mass of the currently observed AGB stars is $\sim 1.5 M_{\odot}$ (Claussen et al. 1987), although, of course, there are some more massive stars that evolve into AGB stars. As can be seen from the tabulation of Miller and Scalo (1979), we expect that most AGB stars have main sequence progenitors between 1 and $1.5 M_{\odot}$.
In Figure 2 we plot the spatial distribution of the AGB stars in Table 1 projected onto the galactic plane. There may be an excess of stars in the direction of the galactic center compared to the anticenter direction. It has been known for many years that $\mathrm{OH} / \mathrm{IR}$ stars are concentrated toward the center of the Galaxy (Bowers 1978; Baud et al. 1981), but this is not true for carbon stars (Jura, Joyce, and Kleinmann 1989). In any case, assume that the surface density of stars, $\sigma$, follows that of exponential disk such that

$$
\begin{equation*}
\sigma=\sigma_{0} \exp \left(-r / r_{\text {disk }}\right) \tag{9}
\end{equation*}
$$

We expect that if $r_{\text {disk }}=3.5 \mathrm{kpc}$ (see, for example, Mihalas and Binney 1981) and if we observe out to 1 kpc , then there should be a difference factor of 1.8 in the surface density between $l=0^{\circ}$ and $l=180^{\circ}$. Such a variation is roughly consistent with the data shown in Figure 2.

It should be recognized that there is some uncertainty in our estimated mass loss rates, and they could well be systematically in error. Equation (1) was derived by comparing the dust loss rate in terms of a simple model for the infrared emission (Jura 1987) with the integrated CO brightness measured by Knapp and Morris (1985). We must assume a ratio for $\mathrm{H}_{2} / \mathrm{CO}$ as well as employ a specific model for the CO radio emission. Olofs-


Fig. 1.-Histogram of the $|z|$ distribution of the AGB stars (solid line) in Table 2 compared to models with $H=100,200$, and 300 pc, respectively, corresponding to dotted, short-dashed, and long-dashed lines. All the theoretical curves are normalized to 63 stars.

TABLE 2
Physical Properties of Very Dusty Stars

| Star | $\begin{gathered} D \\ (\mathrm{pc}) \end{gathered}$ | Class | $l$ | $b$ | $\begin{gathered} v_{\infty} \\ \left(\mathrm{km} \mathrm{~s}^{-1}\right) \end{gathered}$ | $\begin{aligned} & \|Z\| \\ & (\mathrm{pc}) \end{aligned}$ | $\begin{gathered} d M / d t \\ \left(10^{-5} M_{\odot} \mathrm{yr}^{-1}\right) \end{gathered}$ | References |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $00042+4248$ | 1100 | O | 114.3 | $-19.0$ | 24 | 360 | 1.9 | 1 |
| $01037+1219$. | 630 | 0 | 128.6 | -50.1 | 23 | 480 | 2.3 | 1 |
| $01159+7220$. | 960 | S | 125.1 | 9.9 | 15 | 170 | 0.42 | 2 |
| 02270-2619. | 820 | C | 215.8 | -68.1 | 17 | 760 | 0.21 | 2, 3 |
| $02316+6455$. | 980 | 0 | 133.6 | 4.5 | 17 | 77 | 0.85 | 4 |
| 02351-2711. | 880 | O | 218.7 | -66.5 | 12 | 810 | 0.36 | 2 |
| $03229+4721$. | 740 | C | 148.2 | -7.6 | 17 | 98 | 0.42 | 1 |
| $03507+1115$. | 270 | 0 | 178.0 | -31.4 | 22 | 140 | 0.60 | 1 |
| $04307+6210$. | 970 | C? | 146.0 | 9.9 | 20 | 170 | 0.36 | 1,5 |
| $04566+5606$. | 360 | 0 | 152.8 | 8.6 | 13 | 54 | 0.25 | 1 |
| 05073+5248 | 1100 | 0 | 156.4 | 7.8 | 15 | 150 | 1.5 | 1 |
| $05411+6957$ | 690 | O | 143.4 | 20.1 | 21 | 240 | 0.59 | 1 |
| $05559+7430$. | 970 | O | 139.4 | 22.9 | 12 | 380 | 0.22 | 6 |
| 06176-1036. | 1100 | C | 219.0 | -11.8 | 10 ? | 220 | 2.3 | 7, 8 |
| $06300+6058$. | 780 | 0 | 154.3 | 21.5 | 17 | 290 | 0.53 | 1 |
| $06500+0829$. | 630 | O | 205.6 | 4.1 | 19 | 45 | 0.94 | 2 |
| 07418-2850. | 1100 | O | 244.4 | -2.5 | $\ldots$ | 48 | 0.51 |  |
| 08088-3243. | 1000 | C | 250.7 | -0.4 | 21 | 7 | 0.74 | 2 |
| 09116-2439. | 1000 | C | 252.8 | 16.2 | 13 | 280 | 1.2 | 2 |
| 09429-2148. | 920 | 0 | 255.8 | 23.4 | 14 | 370 | 0.95 | 2 |
| 09452 + 1330.. | 130 | C | 221.4 | 45.1 | 15 | 92 | 1.6 | 1,2 |
| 10131+3049.. | 400 | C | 197.7 | 56.0 | 17 | 330 | 0.83 | 1,2 |
| $-10236 \ldots$ | 860 | C | 256.3 | 33.9 | 11 | 480 | 0.4: | 1 |
| 10491-2059. | 370 | C | 269.0 | 33.6 | 21 | 200 | 0.32 | 1,9 |
| $12447+0425$. | 960 | C | 300.3 | 67.0 | 17 | 880 | 0.23 | 1 |
| 17049-2440.. | 960 | C | 358.8 | 9.3 | 17 | 160 | 2.1 | 4, 10 |
| $17119+0859$. | 740 | O | 29.9 | 25.6 |  | 320 | 0.38 |  |
| $17297+1747$. | 860 | O | 40.8 | 25.3 | 18 | 370 | 1.1 | 1, 5 |
| 17360-3012. | 1100 | 0 | 358.2 | 0.5 | 20 | 10 | 2.0 | 11 |
| 17411-3154. | 800 | 0 | 357.3 | -1.3 | 21 | 18 | 21 | 12 |
| 17513-2313. | 780 | O | 5.9 | 1.2 |  | 16 | 0.28 |  |
| 18009-2019. | 740 | O | 9.5 | 0.8 |  | 10 | 0.43 |  |
| 18040-0941. | 1100 | C | 19.2 | 5.3 | 27 | 100 | 0.74 | 6 |
| 18135-1641 . | 780 | O | 14.2 | -0.1 |  | 2 | 0.5 ? |  |
| 18194-2708. | 1000 | C | 5.6 | -6.2 | 14 | 110 | 1.1 | 10, 13 |
| 18204-1344. | 710 | O | 17.5 | $-0.1$ | 10 | 1 | 0.42 | 14 |
| $18240+2326$. | 1000 | C | 51.6 | 15.8 | 15 | 270 | 1.5 | 1 |
| $18333+0533$. | 1100 | C | 36.1 | 6.0 | 8 | 110 | 0.83 |  |
| 18348-0526. | 1100 | O | 26.5 | 0.6 | 14 | 12 | 8.8 | 11, 15, 16 |
| $18349+1023$. | 640 | 0 | 40.7 | 7.8 | 17 | 87 | 0.52 | 1 |
| $18397+1738$. | 750 | C | 47.8 | 10.0 | 16 | 130 | 0.61 | 1,12 |
| 18398-0220. | 960 | C | 29.9 | 1.0 | 35 | 19 | 2.2 | 4 |
| $18413+1354$. | 1100 | O | 44.6 | 8.0 | 19 | 150 | 0.55 | 4 |
| 18560-2954. | 850 | O | 6.6 | -14.7 | 13 | 220 | 0.67 | 12 |
| $19008+0726$. | 850 | C | 41.0 | 0.8 | 17 | 12 | 0.52 | 4 |
| 19059-2219. | 1100 | O | 14.7 | -13.6 | 22 | 260 | 1.0 | 12 |
| 19093-3256.. | 890 | O | 4.8 | -18.4 | 15 | 280 | 0.44 | 17 |
| 19126-0708. | 500 | S | 29.3 | -8.5 | 20 | 74 | 0.62 | 1 |
| 19175-0807.. | 890 | C | 29.0 | $-10.0$ | 23 | 150 | 0.99 | 2, 10 |
| 19321+2757.. | 920 | C | 62.6 | 4.0 | 24 | 64 | 0.90 | 2 |
| 20077-0625.. | 620 | O | 36.4 | -20.4 | 16 | 220 | 1.5 | 1 |
| 20396+4757.. | 520 | C | 86.5 | 3.8 | 12 | 34 | 0.18 | 1,2 |
| 20440-0105.. | 970 | O | 46.1 | -25.8 | 15 | 420 | 0.27 | 6 |
| $20570+2714$. | 1100 | C | 72.6 | -12.0 | 24 | 230 | 1.0 |  |
| RAFGL 2688. | 750 | C | 80.2 | -6.5 | 20 | 85 | 4.1 | 1, 16, 18 |
| 21032-0024. | 890 | C | 49.6 | -29.6 | 16 | 440 | 0.32 | 1, 3 |
| NGC 7027... | 940 | C | 84.9 | -3.5 | 18 | 57 | 6.3 | 1,18, 19 |
| $21286+1055$.. | 1100 | O | 64.3 | -28.2 | 7 | 520 | 0.16 | 20 |
| $21320+3850$.. | 740 | C | 86.3 | -9.4 | 15 | 120 | 0.19 | 1 |
| $21456+6422 \ldots$ | 920 | O | 8.5 | 21.0 |  | 330 | 0.25 |  |
| $23166+1655$. | 1000 | C | 93.5 | -40.4 | 12 | 650 | 3.4 | 1, 4 |
| $23320+4316 \ldots$ | 740 | C | 108.5 | -17.1 | 15 | 220 | 1.0 | 1, 4 |
| $23496+6131 \ldots$ | 870 | 0 | 116.0 | -0.3 | 14 | 5 | 0.54 | 3, 6 |

[^0]

Fig. 2.-Plot of the spatial distribution of the stars in Table 1 projected onto the galactic plane. The carbon stars are filled circles, the oxygen-rich stars are plotted as open circles, and the S stars as crosses. The lower right quadrant has essentially no stars present because it lies at southern declinations.
son, Eriksson, and Gustafsson $(1987,1988)$ have measured the CO emission from a large number of nearby, bright carbon stars, and they have estimated mass-loss rates on the basis of their measurements. Olofsson, Eriksson, and Gustafsson (1987, 1988) usually derive mass loss rates about a factor of 2 greater than predicted by equation (1). Because they assume that they resolved their observed sources in their 20 m telescope beam while Knapp and Morris (1985) did not in the beam of the 7 m telescope that they used, Olofsson, Eriksson, and Gustafsson $(1987,1988)$ scaled the mass-loss rates derived from Knapp and Morris by nearly a factor of 2 . It is not certain that this correction should in fact be applied in all cases. In Figure 3, we display a comparison of the mass-loss rate inferred by Olofsson, Eriksson, and Gustafsson $(1987,1988)$ from their CO data and the mass-loss rate inferred from the $60 \mu \mathrm{~m}$ flux, the outflow velocity and distance given by Olofsson, Eriksson, and Gustafsson (1987, 1988) and equation (1). [For stars with $F_{v}(2 \mu \mathrm{~m})>F_{v}(12 \mu \mathrm{~m})$ we assume that $\lambda_{10}=0.22$; otherwise we assume $\lambda_{10}=1.0$.] The distances given by Olofsson, Eriksson, and Gustafsson $(1987,1988)$ are derived on the basis of the brightness of the stars at $2 \mu \mathrm{~m}$ and are within $10 \%$ of the values given by Claussen et al. (1987). The mass-loss rates given by Olofsson, Eriksson, and Gustafsson $(1987,1988)$ are consistently higher than those given by the equation (1). If, however, the CO-inferred loss rates are reduced by a factor of 2 or the 60 $\mu \mathrm{m}$-inferred loss rates are increased by a factor of 2 , then the agreement is much improved.

There are a number of reasons why the mass-loss rates derived from equation (1) may be too low on the average by a factor of 2. There are uncertainties in the absolute scaling of the CO and infrared data to the total mass-loss rate because of unknown dust-to-gas ratios, and there are also uncertainties in the infrared emissivity of the grains. Furthermore, the consequences of the simplifications used in the models to reproduce the CO data may be significant. The calculations for the intensity of the CO radio emission (Morris 1985) assume spherical outflows with constant outflow velocity and constant mass loss
rate, a fixed kinetic temperature profile in the outflowing gas (see Jura, Kahane, and Omont 1988), a fixed value of the turbulent line broadening in the gas, and a fixed rate of the infrared pumping of the CO molecule. Finally, the oxygen-rich and carbon-rich stars may behave differently. These approximations may produce some error in determining the total mass loss rate.

We can also compare the momentum in the mass outflow, $v d M / d t$ to that available from radiation pressure, $L / c$. In most cases, the mass outflow momentum is less than or comparable to the radiation pressure, consistent with the view that radiation pressure on the grains helps drive the mass loss (see Jura 1986). There are some stars in Table 2 where $v d M / d t$ is significantly larger than $L / c$. This could occur if a rapid decline in the star's luminosity (Jura 1983) resulted in a current value of $L / c$ that is much lower than the value when the currently emitting CO gas was expelled from the star.

## IV. IMPLICATIONS FOR STELLAR EVOLUTION

Our results can now be used to constrain the effects of mass loss from AGB stars on stellar evolution and the replenishment of the interstellar medium. If we sum all the mass loss for the stars listed in Table 2 and we correct for the fraction of sky not covered in this survey, we estimate a total mass-loss rate from these stars of $4 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$. However, one poorly studied object, RAFGL 5379, contributes nearly $25 \%$ to this total. Furthermore, the mass-loss rate inferred from the CO emission measured by Zuckerman and Dyck (1986b) is much less than that inferred from the $60 \mu \mathrm{~m}$ flux, and so the mass-loss rate quoted in Table 2 may be too large. More conservatively, it seems that the total mass return rate is $3 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2}$ $\mathrm{yr}^{-1}$. Approximately one-half of this mass loss comes from the carbon stars and about one-half from the oxygen-rich stars. Also, more than one-half of the mass-loss results from stars not listed in the Two Micron Sky Survey. Finally, if we were to recalibrate our mass loss rates using the results from Olofsson, Eriksson, and Gustafsson $(1987,1988)$, we would find a total


Fig. 3.-Plot of the mass-loss rates derived from eq. (1) and those estimated by Olofsson et al. (1987, 1988) from CO radio emission in units of $10^{-7} M_{\odot} \mathrm{yr}^{-1}$. The filled circles are from data acquired at Onsala, while the open circles are from data acquired at SEST. The solid line is the fit if the two mass-loss rates equal each other; the dashed line is the fit if all the CO-inferred loss rates are reduced by a factor of 2 .
mass-loss rate that would be increased by a factor of 2 , up to $6 \times 10^{-4} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$.

From the compilation of Miller and Scalo (1979) for the density, scale height, and lifetimes of local stars, we find that there should be a net loss of $8 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$ if all the main-sequence stars that are initially between 1 and $5 M_{\odot}$ ultimately become white dwarfs with a mass of $0.7 \mathrm{M}_{\odot}$ (Liebert 1980). Given the uncertainties (Mazzitelli and d'Antona 1986), there is no strong disagreement between the expected and inferred summed mass loss rates.

In this paper, we use the results of Miller and Scalo (1979) for the local distribution of stars, but they could be in error. For example, Bienaymé, Robin, and Crézé (1987) estimate that there are about twice as many main-sequence stars with lifetimes between $2 \times 10^{9}$ and $8 \times 10^{9}$ yr in the solar neighborhood as given by Miller and Scalo (1979).

As suggested a number of years ago by Zuckerman et al. (1976, 1978); perhaps half of all AGB stars that are losing large amounts of mass and that are pre-planetary nebulae are carbon stars. More recently, Zuckerman and Aller (1986) find that over half of all planetary nebulae are carbon-rich. Our results strongly support the hypothesis that about half of the mass loss from AGB stars is produced from carbon-rich objects in agreement with the previous study by Knapp and Morris (1985) and in disagreement with the study by Thronson et al. (1987). (Both of these previous studies used samples of stars different from that employed here.) Therefore, it is clear that the carbon star phase of evolution is quite common in the evolution of stars with an initial main sequence mass similar to that of the Sun. In the region within the 1 kpc region near the Sun north of $-33^{\circ}$, there are 29 carbon stars listed in Tables 1 and 2. This implies that the surface density in the disk of the Milky Way of the high mass-loss rate carbon stars is $12 \mathrm{kpc}^{-2}$ compared to $40 \mathrm{kpc}^{-2}$ for the low mass-loss rate carbon stars (Claussen et al. 1987).

For the stars with low mass-loss rates, we did not know whether there were relatively few stars which spent a long time as carbon stars or whether most stars become carbon stars but spend a relatively short time in this phase. In contrast, by comparing the numbers of oxygen-rich and carbon-rich stars with high mass loss rates, it is clear that about one-half of all main-sequence stars of initial mass between 1 and $1.5 M_{\odot}$ become carbon stars. The death rate of such stars is $\sim 2.5 \times 10^{-4}$ stars $\mathrm{kpc}^{-2} \mathrm{yr}^{-1}$ (Miller and Scalo 1979). If there are $\sim 12$ very dusty carbon stars $\mathrm{kpc}^{2}$, this implies a lifetime in the carbon star phase losing a large amount of mass of about $5 \times 10^{4} \mathrm{yr}$. However, if stars with masses between 1 and $5 M_{\odot}$ instead of only those with masses between 1 and $2.5 M_{\odot}$ become carbon stars, then the duration of the very dusty carbon star phase need only be $3 \times 10^{4}$ yr. As can be seen from Table 2, the typical mass-loss rate from these stars is $\sim 10^{-5}$ $M_{\odot} \mathrm{yr}^{-1}$. Therefore, we expect that these stars lose $\sim 1 M_{\odot}$ in the high mass-loss rate phase, consistent with the view that $1.5-2 M_{\odot}$ stars ultimately become white dwarfs of $\sim 0.7 M_{\odot}$ (Liebert 1980).

Finally, approximately $15 \%$ of all optically bright carbon stars are very rich in ${ }^{13} \mathrm{C}$ in the sense that ${ }^{13} \mathrm{C} /{ }^{12} \mathrm{C}>0.25$ (Jura, Kahane, and Omont 1988). It will be important to determine if a similar fraction of the carbon stars losing large amounts of mass also have such an unusually high fraction of their carbon as ${ }^{13} \mathrm{C}$. The answer to this question is very important for determining the evolutionary history of this isotope in the Milky Way galaxy (see, for example, Hawkins and Jura 1987).

## V. CONCLUSIONS

1. We have identified 63 AGB stars that are losing mass rapidly ( $>10^{-6} M_{\odot} \mathrm{yr}^{-1}$ ) within 1 kpc of the Sun. These stars
appear to be returning between 3 and $6 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2}$ $\mathrm{yr}^{-1}$ into the interstellar medium, in reasonable agreement with the expectation that stars between 1 and $5 M_{\odot}$ are losing approximately $8 \times 10^{-4} M_{\odot} \mathrm{kpc}^{-2} \mathrm{yr}^{-1}$.
2. With an assumed luminosity of $10^{4} L_{\odot}$, the inferred exponential scale height of these stars is about 200 pc . This implies that the main-sequence progenitors are typically $1.5 M_{\odot}$.
3. Approximately one-half of all the mass-losing AGB stars are carbon-rich, and they account for about one-half of the mass loss in the solar neighborhood. Therefore, the carbon-
star phase occurs in about one-half of all main-sequence stars between 1 and $1.5 M_{\odot}$.
4. The typical mass-loss rate from a very dusty carbon star is about $1-2 \times 10^{-5} M_{\odot} \mathrm{yr}^{-1}$, and this phase lasts for $>3 \times 10^{4} \mathrm{yr}$. This mass-loss episode is consistent with the view that most main sequence stars with initial masses of $1.5 M_{\odot}$ evolve into white dwarfs which have masses of about $0.7 M_{\odot}$.

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[^0]:    Note.-If no outflow velocity is measured, we assume $v=15 \mathrm{~km} \mathrm{~s}^{-1}$
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